



Laser Hair Removal Instructions and Important Information About the Use of Topical Numbing Agent (Benzocaine 20%, Lidocaine 6%, Tetracaine 4%)

A Professional Medical Corporation

Do NOT use if you are pregnant or breastfeeding.

Do NOT use if you are allergic to any anesthetic type drugs.

Do NOT use on large body parts (ie. legs, arms, back).KEEP OUT OF REACH OF CHILDREN.

Discard at the end of your treatment or after one year.

Preparation for your Laser Hair Removal Treatment:

- Do not pluck, wax, or undergo electrolysis for at least 4 weeks prior to your procedure.
- Avoid sun exposure, tanning beds, self tanning creams or bronzers before and after your treatment. This will increase the risk of burns and decrease the effectiveness of your treatment.
- Shave the area to be treated the night before or the morning of your appointment. (*Note: Due to the time involved, a \$25 fee will be charged if shaving is required at the Medspa).
- Thoroughly clean the area to be treated with soap and water. Do not apply lotion.
- You may choose to wear gloves or use your bare hands to apply numbing cream, but wash your hands thoroughly after application.
- Approximately 45-60 minutes before treatment, apply cream sparingly and rub into skin until the white color disappears and cream is absorbed into the area.
- Please arrive a few minutes prior to your appointment time. We will have you wipe off the cream with a towel and warm water.
- If you need to bring your numbing cream to apply here, you must call us so we can schedule an appointment time and room for you to use. Please note there will be an additional \$50 office visit fee.
- Numbing cream will not damage clothing, however we recommend wearing darker clothing to your appointment. We have noticed that washing white clothing in bleach with any numbing cream residual on it, can cause an orange stain.

Post Treatment Care:

- Skin irritation such as mild redness is common after a laser hair removal treatment. This usually only lasts a few hours, but can be noticeable for a few days. If desired, apply an ice pack or cold compress. You may apply hydrocortisone cream.
- Rarely blistering occurs. Apply an antibiotic ointment such as Neosporin or Polysporin 3X daily until the skin has healed. If redness spreads to surrounding untreated areas and you experience increasing pain, you should notify us as this could be a sign of infection.
- Avoid sun exposure. Use a complete sun block on areas that may be exposed to UV rays.

Pre-Payment:

We require payment in full for all cosmetic procedures at the time of scheduling your first appointment. PAYMENTS ARE NON-REFUNDABLE OR TRANSFERABLE.

Please note that the cost of additional numbing cream is \$30.00

I have read and understand the instructions given to me and will ask if I have any questions.

Signature: _____ Date: _____

Witness Signature: _____ Date: _____